



Sunday 29<sup>th</sup> March

## Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

<b>Today</b>	Holy Communion	8.00 am
29 <sup>th</sup> March	Procession and Sung Parish Mass	9.30 am
<i>Palm Sunday</i>	PCC Mtg, Parish Office	11.00 am
	Compline on Zoom	6.30 pm
<b>Monday</b>	Organ Teaching	9.15 am
30 <sup>th</sup> March	Organ Teaching	11.00 am
	Evening Prayer	4.15 pm
<b>Tuesday</b>	Evening Prayer	4.15 pm
31 <sup>st</sup> March		
<b>Wednesday</b>	Morning Prayer, Lady Chapel	8.45 am
1 <sup>st</sup> April	Staff Meeting, Parish Office	9.00 am
	Said Mass, Lady Chapel	11.00 am
	Evening Prayer, Lady Chapel	4.15 pm
<b>Thursday</b>	Solemn Mass of the Lord's Supper,	8.00 pm
2 <sup>nd</sup> April	followed by the Watch until 10pm	
<i>Maundy</i>		
<i>Thursday</i>		
<b>Friday</b>	Walk of Witness from St Joseph's Church	10.00 am
3 <sup>rd</sup> April	United Service in Upminster Park or Trinity Church if wet	10.30 am
<i>Good Friday</i>	Children's Good Friday Activities in the Main Hall	12 / 3pm
	Reflections for Good Friday, in church.	12 / 1.45
	Liturgy of the Day in church	2- 3.00 pm
<b>Next Sunday</b>	Holy Communion	8.00 am
5 <sup>th</sup> April	Sung Parish Mass	9.30 am
<i>Easter Day</i>	NB No Evening Service	
<b>Compline reading this Sunday: Isaiah 5.1-7</b>		
<b>Mass readings next Sunday: Acts 10.34-43, Colossians 3.1-4, John 20.1-18.</b>		
<b>Saturday Pathsweepers:</b> 4 <sup>th</sup> April Mowat & Perchard		
<b>Coffee:</b> 5 <sup>th</sup> April Alison, Mark and Margaret		

*Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.*

## NOTICES

**Please note** there will not be an 11am service on Wednesday 8<sup>th</sup> April.

**CHURCHWARDENS NEEDED:** You will have seen the Churchwardens Duties and Role that Susannah circulated with the Saturday email. We didn't know we did so much! It's been a fascinating few years and we've both thoroughly enjoyed our terms of office, but it's time to stand down and let others take their turn.

Could that be you? Have you ever wondered what goes on behind the scenes, or wished you'd been able to influence some decision directly??

We need 2 good candidates ready and willing before the APCM on April 19<sup>th</sup>. The parish cannot function properly if these 2 vital roles remain unfilled. Please give this some serious thought, and come and chat to either of us for more interesting details.....! Jean and Cheryl.

**Lent book/course: The final session of the Lent Course will be at 11.45am on the 15<sup>th</sup> April in the Parish Office.**

**Help during Holy Week and Easter** would be much appreciated please:

***Maundy Thursday, 2<sup>nd</sup> April***

Volunteers are needed to have a foot washed at the 8pm liturgy and to commit to parts of the Watch (which is being kept until 10pm this year) - please sign the sheet at the back of church.

***Good Friday, 3<sup>rd</sup> April***

Readers needed for the liturgy from 2-3pm - please sign the sheet at the back of church.

***Holy Saturday, 4<sup>th</sup> April***

Readers needed for the Easter Vigil, 8-9.15pm - please sign the sheet at the back of church.

**Leading your Church into Growth.** This is a practical and experienced-based programme which helps to equip parishes in their mission and ministry. Two of us from St Laurence participated on an online version in 2021. The programme is now being run again for the Barking Archdeaconry over the following two sessions: Tues 2<sup>nd</sup> June, 6-9.30pm at St Chad's, Chadwell Heath, and a residential conference (though it is not obligatory to stay overnight) from

4pm on Friday 11<sup>th</sup> Sept to 8.30pm on Saturday 12<sup>th</sup> Sept at the Royal Foundation of St Katherine (near Limehouse Station).

It is possible for up to 3 people from each parish to attend. If anyone would be interested in attending, please Susannah know. St Laurence could cover the cost of participation.

**Save the Dates** -Building Improvements fundraising events: Quiz (run by Tony Bloomfield) - evening of Sat 30<sup>th</sup> May; BBQ - late afternoon/early evening of Sat 18<sup>th</sup> July. More details to follow!

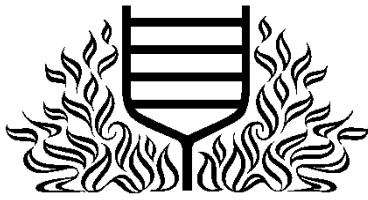
**Annual Parochial Church Meeting.** Please note that the date for this year's APCM is Sunday 19<sup>th</sup> April, after the 9.30am Mass. At this meeting we will be electing Parochial Church Council members, Church Wardens and representatives for Deanery Synod - important decision-making roles and groups in the life of the church. Please speak to Susannah if you would be interested in considering these roles.

**The Palm crosses,** Communion bread & wine and the Easter vigil hand held candles have been sponsored for March in memory of the sponsor's parents on their wedding anniversary.

**The Hornchurch Passion Play** will take place at 7.30pm on Good Friday, Holy Saturday and Easter Day, on the green next to Queen's Theatre. Admission is free. For more information please visit [www.hornchurchpp.co.uk](http://www.hornchurchpp.co.uk)

**We will be holding Easter services** at local care homes as follows: Derham House - 14<sup>th</sup> April, 11am; The Oaks 21<sup>st</sup> April 10.30am, Little Gaynes - 23<sup>rd</sup> April, 11am. Volunteers to come and sing/read at these services would be much appreciated - please let Susannah know if you can help.

*Please consult notice boards under the tower and in the porch for other notices and further information*



# AT THE MASS

29<sup>th</sup> March 2026

*Palm Sunday*

**Processional hymn**     159 All glory, laud and honour

## **Collect of the Day**

Almighty and everlasting God,  
who in your tender love towards the human race  
sent your Son our Saviour Jesus Christ  
to take upon him our flesh  
and to suffer death upon the cross:  
grant that we may follow the example of his patience and humility,  
and also be made partakers of his resurrection;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen**

## **Isaiah 50:4-9a**

The servant of the LORD said:

The LORD GOD has given me  
the tongue of a teacher,  
that I may know how to sustain  
the weary with a word.

Morning by morning he wakens—  
wakens my ear  
to listen as those who are taught.

The LORD GOD has opened my ear,  
and I was not rebellious,  
I did not turn backwards.

I gave my back to those who struck me,  
and my cheeks to those who pulled out the beard;

I did not hide my face  
from insult and spitting.

The LORD GOD helps me;  
therefore I have not been disgraced;

therefore I have set my face like flint,  
and I know that I shall not be put to shame;  
he who vindicates me is near.  
Who will contend with me?  
Let us stand up together.  
Who are my adversaries?  
Let them confront me.  
It is the LORD GOD who helps me;  
who will declare me guilty?

### **Philippians 2:5-11**

Let the same mind be in you that was in Christ Jesus, who, though he was  
in the form of God,  
did not regard equality with God  
as something to be exploited,  
but emptied himself,  
taking the form of a slave,  
being born in human likeness.  
And being found in human form,  
he humbled himself  
and became obedient to the point of death—  
even death on a cross.

Therefore God also highly exalted him  
and gave him the name  
that is above every name,  
so that at the name of Jesus  
every knee should bend,  
in heaven and on earth and under the earth,  
and every tongue should confess  
that Jesus Christ is Lord,  
to the glory of God the Father.

## **Passion Reading: Matthew 26:14-end of 27**

*This reading is not reproduced here due to its length.*

**Hymns during Passion**                      **489** The Servant King  
Bitter was the night  
When I survey the wondrous cross

**Offertory hymn**                      147 My Song is love unknown

**Anthem**                      God so loved the world. Text – John 3:16  
Music - Stainer

**Communion hymn**                      174 A purple robe

**Final hymn**                      161 Ride on, ride on in majesty

**Organ Voluntary**                      Prelude on “Winchester New” - Tambling

## **FOR YOUR PRAYERS**

*Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.*

**Sunday:** Pam Chapman, Keith Sharp, Vicki Hobbs, Fr. Gareth Bowen, Ricky Schrembri, Bil, Dobinson Family, Rosalind Manley, Simon Pols, Brian Shaw, Glynis Whiting, Sylvia Wilson, Maria, Marie Tyler, Alan Butcher, Spencer Croucher, Malcolm Charlton.

**Wednesday:** Denise Comer, Baby Charles, Doreen, Michael Folkes, Mary Greig, Stanley Oliver, Alan Jones, Sandra Clarke, Michael McSweeney, Terry Evens.

**Additional Prayers:** All those receiving Home Communion.

**Anniversaries of the departed:** Phil Norledge, Ruth Cross, Rachel Piper, Frances Martin, Keith Hall, Pauline Wallen, Carol Lendon, Ron Green, Margaret Brereton, Diana Norledge, Iris Stewart, Marion Gunary, Don Mowat, Krystyna Wojtecka, Rene Knight, Diane Bonny.

## CHARITY OF THE MONTH MARCH



Donation envelopes are on the notice board at the back of church.

© Meningitis Now is a registered charity in England and Wales number 803016 and Scotland number SC037790 Registered Office: Fern House, Bath Road, Stroud, Gloucestershire GL5 3TJ

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### DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

### EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on [easyfundraising.org.uk](http://easyfundraising.org.uk) - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

## Holy Week and Easter services at St Laurence

### **Palm Sunday (29th March)**

8.00am Mass with Reading of the Passion

9.30am Liturgy of the Palms, Procession and Parish Mass with Reading of the Passion

6.30pm Compline on Zoom

### **Monday of Holy Week (30th March)**

4.15pm Evening Prayer

### **Tuesday of Holy Week (31st March)**

4.15pm Evening Prayer

### **Wednesday of Holy Week (1st April)**

11.00am Said Mass

4.15pm Evening Prayer

### **Maundy Thursday (2nd April)**

11.00am Chrism Mass at Chelmsford Cathedral

8.00pm Solemn Mass of the Lord's Supper, followed by the Watch until 10pm

### **Good Friday (3rd April)**

10am Walk of Witness from St Joseph's Church

10.30am United Service in Upminster Park or Trinity Church if wet

12-3pm Children's Good Friday Activities in the Main Hall (please book in advance)

12-1.45pm Reflections for Good Friday, in church – extracts from 'Women of Holy Week' by Paula Gooder

2-3pm Liturgy of the Day in church

### **Holy Saturday (4th April)**

8.00pm Easter Vigil

### **Easter Day (5th April)**

8.00am Said Mass

9.30am Parish Mass

No Evening Service

You are most welcome to attend any of these services.

For further information, please contact the Parish Office:  
parish.office@upminsterparish.co.uk 01708 220696

## THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Jean and Cheryl (Churchwardens), Susannah (Rector) or Verity (Parish Administrator).

### CONTACTS

**Rector** The Revd Susannah Brasier

01708 220174 susannah.brasier@upminsterparish.co.uk

**Pastoral Assistant** Deborah Masterson

01708 609816 deborah.masterson@upminsterparish.co.uk

**Churchwardens** Jean Keen and Cheryl Hale

parish.office@upminsterparish.co.uk

**Parish Safeguarding Officer** Akosua Boachie

07760 791032 safeguarding@upminsterparish.co.uk

**Director of Music** Nigel Lockwood

07899 876247 nigel.lockwood@upminsterparish.co.uk

**Parish Office** Verity Helby

01708 220696 parish.office@upminsterparish.co.uk

Open: Tue. 8.30-1pm, Wed. 9-11am (Staff Meeting), Thur. 8-12.30pm.

**Hall Bookings** Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

**Planned Giving** treasurer@upminsterparish.co.uk

**Website** www.upminsterparish.co.uk

**Address** St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

**Welcome to the Parish Church of Upminster.** If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.  
Please email her if you would like to receive her emails.**